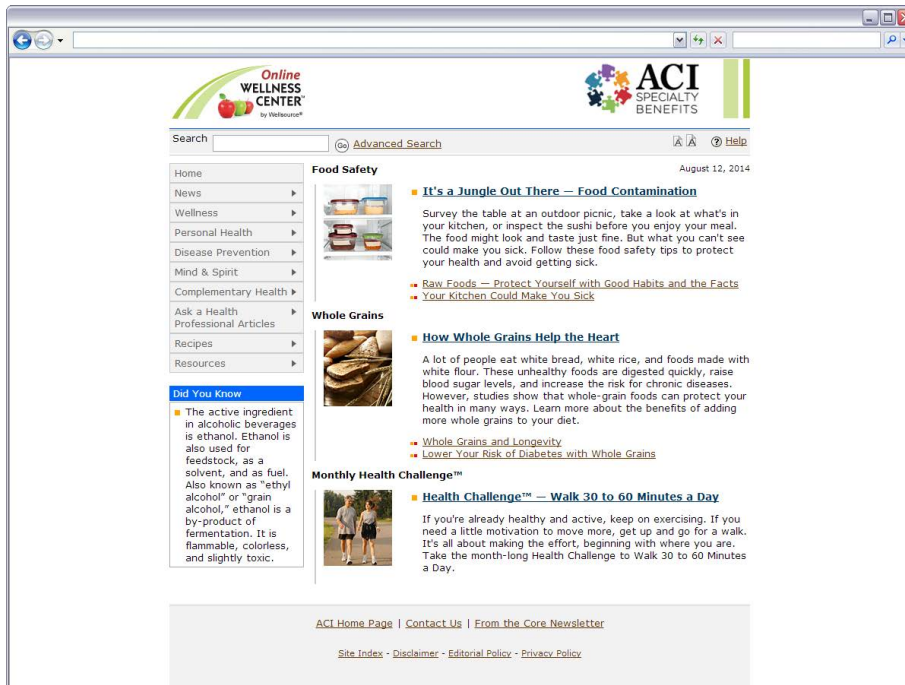


Start Using Your Online Wellness Center



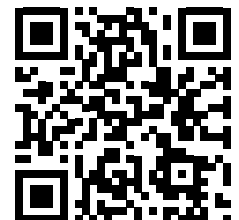
To access the Online Wellness Center:

1. Go to washoecounty.acieap.com
2. Under the Resources menu, click on “Online Wellness Center”



Sick of spending hours browsing the web for health answers, tips and advice? Visit your Online Wellness Center instead. This one-stop-shop for professional wellness resources features a variety of tools and information to make getting healthy easy.

- Trending Health News and Articles
- Monthly Health Challenge™
- Personal Assessments, Quizzes and Calculators
- Family Health and Parenting Tips
- Recipe Collection
- Disease Prevention Tools
- Searchable Wellness Library
- Health Professional Q&A



For assistance contact ACI Specialty Benefits at 800.932.0034 or info@acieap.com